

AION
magazine



february issue
VALENTINE'S EDITION



Deerfield Beach High School

A MONTH IN SUMMARY

FEBRUARY EDITION

DESIGN BY ANDREA LANDAVERDE

Flower

The birth flowers for the month of February are Violet and Primrose.

Violet:

modesty
faithfulness
spiritual wisdom



Primrose:

youth
longevity
young love

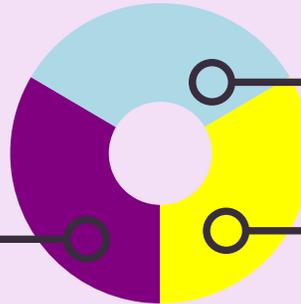


Colors

Purple: *imagination and royalty*

Light blue: *trust and tranquility*

Yellow: *happiness and positivity*



Zodiac

February's two zodiac signs are Aquarius and Pisces. Aquarius goes from Jan 20 - Feb 18 and Pisces goes from Feb 19 - Mar 20.

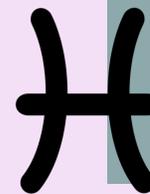
Aquarius:

rebel at heart
fashionable
free spirit

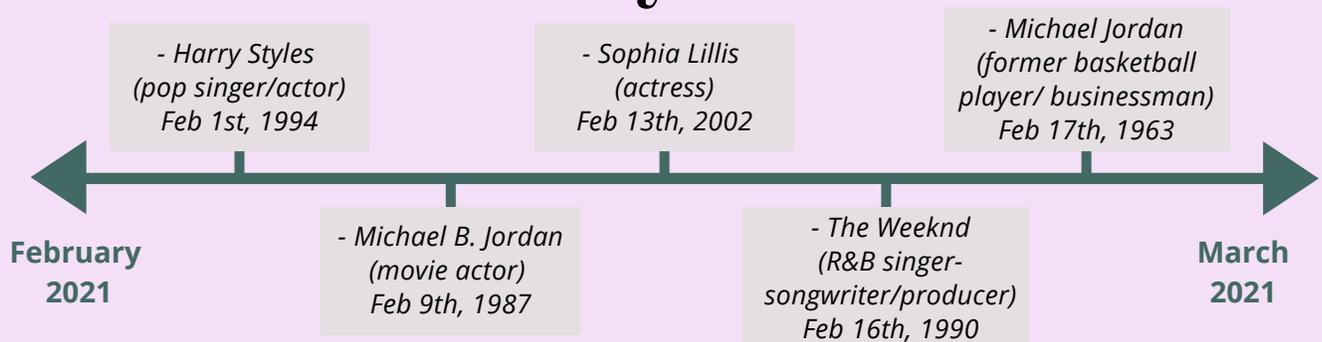


Pisces:

empathetic
altruistic
artistic



Famous Birthdays



Quiz

Poem

The Brook in February

by Sir Charles George Douglas Roberts

*'A snowy path for squirrel and fox,
It winds between the wintry firs.
Snow-muffled are its iron rocks,
And o'er its stillness nothing stirs.*

*But low, bend low a listening ear!
Beneath the mask of moveless white
A babbling whisper you shall hear
Of birds and blossoms, leaves and light.'*



Quotes

Here are three inspirational quotes that are longer than February for everyone to enjoy.

“No winter lasts forever; no spring skips its turn.”
- Hal Borland

“In February there is everything to hope for and nothing to regret.”
- Patience Strong

“Look, there's no metaphysics on earth like chocolates.”
- Fernando Pessoa

Test your knowledge on the month of February! The correct answers are on the bottom of the page.

- 1 During the Victorian Era, it was considered lucky to sign a Valentine's Day card.
A. True
B. False
- 2 The birthstone of February is...
A. Opal
B. Amethyst
C. Emerald
- 3 How many days does a Leap Year have?
A. 365
B. 364
C. 366
- 4 February originates from the Latin word "februum" which means purification.
A. True
B. False

Answers to the quiz: 1. B, 2. B, 3. C, 4. A

**A study made by the
DecisionWise
Benchmark found that
34 percent of workers in
the U.S. fear to speak up
and be rejected.**



IF I SPEAK UP...

There are moments when silence can mean to pay respect for the heroes that fell or to say a prayer but there are occasions when you'll hesitate to speak up for yourself and others.

By: Andrea Landaverde

Think back to a time when you should've spoken up and you didn't. The thought of being rejected or punished would come to mind so you decided to stay quiet. This situation happens to many people universally where speaking up for oneself can be a challenge or a life-changing opportunity.

Researchers are studying ways to understand why people back down from speaking their minds to others. Social psychologist and co-author of the best-selling book, *Friend & Foe*, Adam Galinsky delivered a speech in a TED talk explaining that everyone has a different "range of acceptable behavior." This means that there are occasions when a person will feel like they hold power and feel confident about themselves. However, a person can also experience a lack of power in themselves, narrowing their chances of speaking up when needed and going unnoticed to avoid any negatory outcomes.

A person might not speak up when they are new to an environment or new to an experience. Immigrants come to work for a better life in a foreign country, where languages differentiate. Not recognizing the language widely spoken in the community can naturally be overwhelming and hesitant in asking for directions or help.

As Galinsky explained, everyone has a "dynamic, expanding or narrowing" range, and power determines how wide or narrow that range is.

Power comes from how confident someone feels about themselves, whether from being portrayed as powerful to looking or confident in the eyes of other people who look after you.

Illustration by The New York Times



In a Ted Talk episode, Adam Galinsky, an American Social psychologist said, "Speaking up is hard to do." *Photo credit to Dian Lofton*

QUARANTINE DATE AND GIFT IDEAS

BY: PERLANE ANTOINE



PICNIC

Of course because of Covid-19 still being around, it isn't safe for us to go out on dates. Even though we can go out, we still have to take precautions making things less fun. So, why not go on a date. Spending time with each other in a park or in the backyard.

GIFT BASKETS

Everyone isn't able to go out and buy expensive or luxurious gifts. So, a good idea to replace that are gift baskets you can make for each other. They can be filled with what your partner likes or even a novel they wanted to get for so long, but could never get their hands on.

CUSTOM GIFTS

Everyone these days wants to stand out or be unique or wants to give their partner something new that they would never think of getting. Custom gifts are one of the best things you could give to your partner. It shows how much you care by giving them this unique gift.

AT HOME STAY

All of the ways you could show your partner that you care are countless and full of meaning, but you could always show you care without having to go over the top. An at homestay with your partner is so calm and cozy. And the best thing is to be comfortable around your partner. Showing that you care about the little things.





Biden gives a speech about the immigration system.



People protest about the unfair immigration system.



Biden signs executive orders.

Putting bad policy to rest

JOE BIDEN SIGNS IMMIGRATION EXECUTIVE ORDERS

By: Margeyah Dominique

On Tuesday February 2 President Joe Biden signed three immigration executive orders to aim at his predecessor's hardline immigration policies. According to CNN he's decided to establish a task force which is designed to bring the families that were once separated at the US-Mexico border.

Biden promised to set this task force to identify and reunify the families that were separated due to the US-Mexico border. The cause of the separation was set because of the Trump administration's controversial "zero tolerance" policy.

"I'm not making new law, I'm eliminating bad policy," says Biden. He believes that with a bad policy removed there is a higher chance of America being safer and more well-off. For he continues to say "This is about how America's safer, stronger, more prosperous when we have a fair, orderly, and humane legal immigration system,"

The cases of separated families will each be examined individually to regulate the next steps that are needed to be taken.



Giveon - HEARTBREAK ANNIVERSARY



LANY - Valentine's Day



Scan or take a picture of
the spotify code above!

BY: INDIYA ROBERTS

EPATHFINDER FEBRUARY PLAYLIST

Designed by *Indiya Roberts*

- | | |
|---------------------------|----------------------------|
| Hate Me (with Juice WRLD) | Ellie Goulding, Juice WRLD |
| Adore You | Harry Styles |
| Happy & Sad | Kacey Musgraves |
| everything i wanted | Billie Eilish |
| Soren | beabadoobee |
| Sofia | Clairo |
| Electric Love | BORNS |
| It Will Rain | Bruno Mars |
| Out of My League | Fits and The Tantrums |
| Careless Whisperer | George Michael |
| Gimme Love | Joji |
| Fool | Cavetown |
| Good Days | SZA |
| Dance, Baby! | boy pablo |
| Tongue Tied | Grouplove |
| My Boo | Usher, Alicia Keys |
| Pink = White | Frank Ocean |
| Marlboro Nights | Lonely God |
| The Way | Ariana Grande, Mac Miller |
| Just the Way You Are | Bruno Mars |